

What's Happening  
and  
What happens next?

Times like you are going through right now can be extremely challenging and tough.

You may have been removed from your home, The police involved and it all seems like too much.

This information brochure has been written to provide you with a list of places to go to seek advice and or support.

**POLICE/AMBULANCE/FIRE EMERGENCY**

**24/7**

**111**

**LIFELINE 24/7**

**0800 54 33 54**

**DEPRESSION LINE 24/7**

**0800 11 17 57**

**HEALTHLINE 24/7**

**0800 61 11 16**

**VICTIM SUPPORT 24/7**

**0800 84 28 46**

Advocacy, Referral to Counselling, Support, Assistance with Court, for all victims of crime or trauma.

**RURAL MENS TOP OF THE SOUTH TRUST**

**0800 78 72 54**

**ALCOHOL DRUG HELPLINE**

**0800 78 77 97**

**CYFS**

**0508 32 64 59**

**PARENTLINE**

**0800 47 27 36**

**FAMILY COURT**

**0800 26 87 87**

**COMMUNITY LAW**

**0800 26 65 29**

**COMMUNITY PROBATION**

**0800 66 55 11**

**WORK AND INCOME**

**0800 55 90 09**

**CITIZENS ADVICE BUREAU**

**0800 36 72 22**

**[www.marlbvip.co.nz](http://www.marlbvip.co.nz)**

# Men's Map

Marlborough Violence Intervention Project is a Marlborough based initiative aimed at removing family violence in our region.

Marlborough  
Violence  
Intervention  
Project

**Mens' Sexual Abuse Support**

Cell: 027 648 6666

Advocacy, Support

Phone: 03 572 2788

Group work.

Counselling

*Supporting Marlborough Men in Domestic Incidents.*

**Supporting Families in Mental Wellbeing**

Phone: 03 577 5491

Scott St, Blenheim

I:I Support

Education

Information

Advocacy

**Bread of Life**

Phone: 03 578 1355

14B Stephenson Street, Blenheim

Sheets' 'n' Things

Food Parcels & Bread

Counselling

Budget Advice

Advocacy

Strengthening Families Coordinator  
OSCARS Coordinator

**Marlborough Budget Advice**

Phone: 03 578 2006

25 Alfred Street

**Health Shuttle**

Phone: 03 578 0797

Shuttle for Hospital/PHO appointments. Donation appreciated.

**Marlborough Migrant Centre, Newcomers Network**

21 Henry Street, Blenheim

Phone: 03 579 6410

**Crossroads**

Phone: 03 578 5395

2 Redwood Street, Blenheim

Bread

Breakfast, Lunch

Weekdays: 8am to 1.30 pm

Dinner (Wednesdays only)

Donation appreciated.

**Relationships Aotearoa**

Phone: 03 578 6258

Level 1, 12 Main St, Blenheim

Preventing Violence I:I

Anger Management

Counselling - Families/Children/ Relationships

Mediation

Parenting through Separation

**Maataa Waka**

Phone: 03 577 9256

56 Main Street, Blenheim

Anger Management

Stopping Violence Group

Stopping Violence I:I

Anger management group for Rangatahi (youth)

Youth mentoring

Whanau Ora

Disability Support

Kaumatuia support

Physical activity and Nutrition

**Barnardos**

Phone: 03 578 6491

31 George St, Blenheim

Active Dads Marlborough,

Parenting Education:

*Building Great Dads,*

*Building Great Families,*

*Parenting through Separation,*

*The Incredible Years,*

Supervised Contact.

In home Social Work support.

Counselling for Children & their Families.

**Rural Mens Top of the South Rural Trust**

Phone: 0800 78 72 54

**Salvation Army**

Phone: 03 578 0862

corner George and Henry St Blenheim

Counselling

Food

Clothing and Furniture Assistance

Courts and Prison Chaplaincy

**Counselling:** Available via GP Referral

**Tane Ora /Ngati Rarua**

0274408949

Advice,

Advocacy,

Liaison and Support.

Health Education, Promotion and Screening.

Assessment,, Planning, Monitoring. Healthy lifestyle.

Healthcare integration and coordination

**Te Ra Morris**

0274408949

**Care Solutions**

Phone: 03 578 8593

Scott St, Blenheim

Supervised Contact

Respite Care

**Volunteer Marlborough**

Phone: 03 577 9388

21 Henry Street, Blenheim

**PARS Prisoners Aid Rehabilitation**

Phone: 03 577 6215

**Menz Shed**

Menz\_shed are in Blenheim, Picton, Renwick, Havelock and Kaikoura. For more info

contact **REAP** : 5787848 or

**Citizen's Advice:** 5784272 / 0800 367 222