What's Happening and What happens next?

Times like you are going through right now can be extremely challenging and tough.

You may have been removed from your home, The police involved and it all seems like too much.

This information brochure has been written to provide you with a list of places to go to seek advice and or support.

POLICE/AMBULANCE/FIRE EMERGENCY

<u>24/7</u> 111

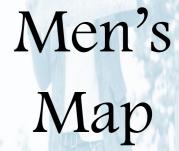
| 0800 54 33 54 |
|---------------|
| 0800 11 17 57 |
| 0800 61 11 16 |
| 0800 84 28 46 |
| |

Advocacy, Referral to Counselling, Support, Assistance with Court, for all victims of crime or trauma.

RURAL MENS TOP OF THE SOUTH TRUST

| | 0800 78 72 54 |
|------------------------|---------------|
| ALCOHOL DRUG HELPLINE | 0800 78 77 97 |
| <u>CYFS</u> | 0508 32 64 59 |
| PARENTLINE | 0800 47 27 36 |
| FAMILY COURT | 0800 26 87 87 |
| COMMUNITY LAW | 0800 26 65 29 |
| COMMUNITY PROBATION | 0800 66 55 11 |
| WORK AND INCOME | 0800 55 90 09 |
| CITIZENS ADVICE BUREAU | 0800 36 72 22 |
| | |

www.marlbvip.co.nz





Mens' Sexual Abuse Support Cell: 027 648 6666
Advocacy, Support Phone: 03 572 2788

Group work.

Counselling

Supporting Marlborough Men in Domestic Incidents.

Supporting Families in Mental Wellbeing Phone: 03 577 5491 **Scott St, Blenheim**

1:1 Support Education

Information Advocacy

Bread of Life

14B Stephenson Street, Blenheim

Sheets' 'n' Things Food Parcels & Bread

Counselling

Budget Advice Advocacy Strengthening Families Coordinator

Phone: 03 578 1355

OSCARS Coordinator

Marlborough Budget Advice Phone: 03 578 2006

25 Alfred Street

Health Shuttle Phone: 03 578 0797

Shuttle for Hospital/PHO appointments. Donation appreciated.

Marlborough Migrant Centre, Newcomers Network

21 Henry Street, Blenheim Phone: 03 579 6410

<u>Crossroads</u> Phone: 03 578 5395

2 Redwood Street, Blenheim

Bread

Breakfast, Lunch Weekdays: 8am to 1.30 pm Dinner (Wednesdays only) Donation appreciated.

Relationships Aotearoa

Level 1, 12 Main St, Blenheim

Preventing Violence 1:1
Anger Management

Counselling - Families/Children/ Relationships

Mediation

Parenting through Separation

Maataa Waka Phone: 03 577 9256

56 Main Street, Blenheim

Anger Management
Stopping Violence Group
Stopping Violence 1:1

Anger management group for Rangatahi (youth)

Youth mentoring Whanau Ora Disability Support Kaumatua support

Physical activity and Nutrition

Barnardos Phone: 03 578 6491

31 George St, Blenheim

Active Dads Marlborough, Parenting Education:

Building Great Dads, Building Great Families,

Parenting through Separation,

The Incredible Years,

Supervised Contact.

In home Social Work support.

Counselling for Children & their Families.

Rural Mens Top of the South Rural Trust

Phone: 0800 78 72 54

Salvation Army

corner George and Henry St Blenheim

Counselling Food

Phone: 03 578 6258

Clothing and Furniture Assistance Courts and Prison Chaplaincy

Counselling: Available via GP Referral

Tane Ora /Ngati Rarua

0274408949

Phone: 03 578 8593

Phone: 03 577 9388

Phone: 03 578 0862

Advice, Advocacy,

Liaison and Support.

Health Education, Promotion and Screening.
Assessment, Planning, Monitoring. Healthy lifestyle.

Healthcare integration and coordination

Te Ra Morris 0274408949

Care Solutions

Scott St, Blenheim
Supervised Contact

Respite Care

Volunteer Marlborough

21 Henry Street, Blenheim

PARS Prisoners Aid Rehabilitation Phone: 03 577 6215

Menz Shed

Menz_shed are in Blenheim, Picton, Renwick, Havelock and

Kaikoura. For more info

contact REAP: 5787848 or

Citizen's Advice: 5784272 / 0800 367 222